

SHELPHEN CARE LTD

“QUALITY ASSURED CARE”

PROVIDED IN YOUR COMMUNITY



**COTTINGHAM HALL
CARE HOME
BROCHURE**

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CARE MANAGER MRS K DICKINSON
COTTINGHAM HALL
REGISTERED CARE HOME

195/197 Cottingham Road
HULL, HU5 2EG
Telephone: 01482 441144

Cottingham Hall is part of the Shelphen Care Group

A part, purpose Built & Designed Care Home

Cottingham Hall is situated in the heart of the Conservation area.

The home is within easy reach and walking distance of
all of the local facilities.

A bus stop is situated just outside of the door

The gardens are beautiful and sweep into Newland Park.

Registered to care for 31 Elderly Persons requiring Care.
Category:- Old age, Dementia Dependant Elderly over 65 years

Facilities Many rooms are purpose built and are situated on the
ground floor level, with no steps, lifts, or stairs to negotiate.

Other rooms are facilitated by an eight-person lift. The unique
layout of the home enables independence~ but without isolation.

There are Twenty-four single rooms and four companion rooms.
(Many are En Suite, and have a television point and some have
patio doors leading directly into the garden.)

Extra wide corridors enables the use of electric wheel chairs and mobility
aids.

Large specialised bathrooms with hoists, and other mobility aids.

There are three lounges two with patio doors overlooking the garden.
One with a large bay window overlooking busy Cottingham Road and
all its hustle and bustle.

An emergency call system is situated in each room.

Most rooms have their own thermostatically controlled heating system enabling the resident to decide the temperature of the room for individual comfort.

Residents are encouraged to individualise their own room and decor. Personal furniture is most welcome subject to space and Health & Safety issues.

All electrical goods must be PAT tested prior to being brought into the home by an authorised person.

Rules There are no house rules; residents can come and go as they wish, we simply ask for staff to be informed to enable them to complete the required legal documentation.

Medical Care You will be able to keep your own doctor, subject to their agreement, otherwise the home is attended by the local Health Centre.

Carers The Home is staffed by Carers 24hrs per day, many staff hold a Nursing or NVQ qualifications and are certificated safe Moving & Handlers.

Daily living needs All residents are allocated a key worker who will ensure their assessed, daily living needs are attended to.

Care Planning Prior to your admission you will be assessed to ensure that the home can meet your present needs.

On admission a Plan of Care to meet your assessed needs will be devised.

You and your relatives will be asked to participate and agree upon relevant areas of the plan

The Plan of Care will be reviewed after six weeks then every six months, or as your assessed needs change.

Diet You may eat your meals in your room if you wish, otherwise a dining room is provided.

You will be asked on admission about your likes and dislikes and this will be conveyed to the cooks.

A menu will be brought to you on the previous day and will state the main meal and also other options, allowing you a range of choices.

Tea and coffee are available and will be brought to you in your room if wished.

Breakfast can be taken at any time as you may get up when you wish

Hairdressing Staff will wash your hair free of charge.

A Professional Hairdresser attends the home and will visit you on your request and at your expense.

Chiropody The Health service foot carer will attend to your assessed needs free of charge subject to an assessment of need and availability.

Otherwise a private Chiropodist visits the home and will visit you upon your request.

Physiotherapy A Health Authority Physiotherapist will attend to your assessed need free of charge.

Otherwise a private physiotherapist will visit you in the home upon your request at your expense.

Health care Should you be assessed as requiring a District Nurses or a specialist's intervention this would be arranged by your visiting G.P.

Optician The mobile optician visits the home upon request and should you wish to retain your usual optician that can also be arranged provided they agree.

Laundry is on site, and all *machine washable garments* are washed free of charge and returned to your room.

All items of clothing must have a sewn on name tag

Alternative arrangements can be made for dry cleanable garments at your expense.

Religious Needs The home encourages the continuing of all religious beliefs and worship.

Representatives from most denominations visit the home at the Residents request. Alternatively you may choose to visit them.

Complaints The home has a Complaints Procedure approved by the Social Services and you will find it in your Residents Handbook situated in your room or on the notice board.

Otherwise a complaints and compliments book is held in the reception where you, or your advocate may enter comments.

Decision making Many decisions on the running of the home are made by the people who live here at their many meetings

The spending of funds, social outings, social functions and many more are on the agenda.

Meetings and decisions regarding these issues are minuted and are always available.

Social activities The Residents of the Home contribute to the arrangement of Social activities and a full

Social Calendar is available.

We encourage the continuance of old hobbies and also the participation in new ones.

No resident is expected to participate unless by choice.

Library A comprehensive Library with large print books. Braille and talking books can also be arranged for the blind

COTTINGHAM HALL IS A NON SMOKING HOME

Cottingham Hall and its staff are committed to the maintenance of the quality of our Clients lives through the highest levels of care attainable.

We recognise that our clients have the right to personal independence, choice, dignity, and respect and we endeavour to empower our clients at all times to achieve these principles.

Quality assurance Cottingham Hall has achieved all parts of the Social Service quality provider's award

We are also proud to announce that we have also been awarded a rating of excellence by CQC for our quality care provision.

The staff and I look forward to meeting you

Kay Dickinson
Care Manager